

WISHRAM SIGNALS



Volume 15 Issue 5

Wishram School Newsletter

MAY 2016

WISHRAM
SCHOOL

Drug Free
Smoke Free
Gun Free

News from the Principal's Office

April has been a very quick month full of activity at Wishram School. We carried out our annual Wishram Beautification day, we topped 500 collected missing assignments, and our sporting events are going full steam ahead. With the change in weather, and the school year nearing its close, it is a perfect time to reflect on just how lucky we are to live in such a beautiful area, and to have such a tremendous school within our great community.

Wishram Beautification day went off without a hitch, and it was obvious to a first timer that this event has been well planned for quite some time. The students did an amazing job working on the school grounds and throughout the town with the goal of making a naturally beautiful area sparkle. The students and staff take a lot of pride in being able to make a positive difference for the greater Wishram area, and it was a wonderful experience to watch it all unfold right before my eyes. I couldn't be more proud of the students and staff for their efforts.

The ICU missing assignment list continues to yield positive results. We have collected over 500 missing assignments as of today's date, and student grades have never been better. We are also seeing a dramatic increase in student awareness of missing work, and students seem to be much more attentive during class. This has been such a positive factor for a school that already had a foundation of respect and honor. Now, while adding an increased academic performance, students are leaving our school with vital skills for career and college readiness. None of this would be possible without the support of the employees of Wishram School, and the parents of our students. It is so important that we all work together towards the common goal of 100% assignment completion, and thank you for all that you do to help your student(s) succeed.

Spring sports are another point of pride for Wishram School. We have nearly 80% of all secondary students participating in sports, and the Wishram students are easy to spot on the field. Aside from being fantastic athletes, our students are always recognized for their classy behavior and displays of sportsmanship. Please reinforce how important those two components are with your students, and let them know how much you appreciate the positive light that they cast upon our community.

In closing, April was certainly a month to remember. We have been able to see continued, and viable success on all fronts of the educational process, and we are just scratching the surface of our full potential. Thank you for being such a caring and involved community, and we appreciate your support as we take on the task of having every student leave our building as the best possible adults, ready to take on whatever comes their way. All my best.

-Mike Roberts
Superintendent/Principal

School Board Members:

Chairman, Clyde Rosa
Member, Kandy Churchwell
Member, Jeri Ruefer-Hore
Member, Eugene Wilson
Member, Detmar McCullough



School Board Meeting May 24th @ 5:00

Wishram School is currently operating under the CEP (Community Eligibility Program) , which was created through the Healthy, Hunger-Free Kids Act of 2010, and allows qualifying high-poverty local educational agencies (LEAs) and schools to offer breakfast and lunch at no cost to all students without requiring families to complete an annual household application.

AVAILABLE STARTING JUNE 15TH

- USDA Summer Meals Hotline at 1-866-348-6479. Families will receive assistance to find the location, meal times, and contact information based on their full address, city, and/or zip code.
- USDA Summer meals finder at www.fns.usda.gov/summerfoodrocks. This website is easy for families to use as they can access summer meals locations by entering the zip code.

Wishram School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Wishram School Superintendent, PO Box 8, Wishram, WA 98673, (509) 748-2551.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form, \(AD-3027\)](#) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov.

This institution is an equal opportunity provider.





SENIOR PRESENTATIONS

MAY 16TH AND 17TH at 1:15

12 DISMISSAL

May 4th and 18th—Teacher In-service

NO SCHOOL

May 27th—Break Day
May 30th—Memorial Day

SURVEILLANCE EQUIPMENT

Our surveillance equipment will be taking pictures of all the school grounds all of the time, north, south, east and west, as will the camera in the front hallway. Wishram School videotapes teachers periodically as a tool to improve our teaching. We look at how we teach and how our students respond. These videos are for in-school use only. If you do not want your child/ren to be a part of this process, please call Ms. Chantler at the school at 509-748-2551.

LifeTip!

Anonymous tip line for school safety

1-866-LIVE-TIP Ext. 940
(1-866-548-3847, ext 940)

Report anonymously 24 hours a day/365 days a year:

- School violence—weapons, bomb threats
- School damage—vandalism, theft

← April		~ May 2016 ~					June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 B-Bagel, w/cream cheese, sausage, fruit & milk. L-Macaroni & cheese, salad, veggie, fruit & milk.	3 B-Colby calzone, fruit & milk. L-Tuna casserole, roll, salad, veggie, baked beans, fruit & milk.	4 12:00 DISMISS B-Cream of wheat, ham slices, toast, fruit & milk. L-Turkey sandwich, soup, salad, veggie, fruit & milk.	5 B-Biscuits & gravy, fruit & milk. L-Chicken & gravy on mashed potato, roll, salad, veggie, fruit & milk.	6 B-Pancakes, fruit & milk. L-Fish & chips, breadstick, veggie, fruit, & milk.	7	
8	9 B-Cereal, sausage, toast, fruit & milk. L-Baked Ziti, roll, salad, veggie, fruit & milk.	10 B-Maple oatmeal, toast, fruit & milk. L-Chicken penne alfredo, salad, veggie, fruit & milk.	11 B-Bacon & egg cone, fruit & milk. L-Grilled ham & cheese, BBQ beans, salad, veggie, fruit & milk.	12 B-Pancakes, fruit & milk. L-Beef stroganoff, salad, veggie, fruit & milk.	13 B-Yogurt & granola, toast, fruit & milk. L-Hamburgers, fries, salad, veggie, fruit & milk.	14	
15	16 B-Cream of wheat, toast, fruit & milk. L-Grilled cheese, sandwich, soup, salad, veggie, fruit & milk.	17 B-Breakfast buddy sandwich, fruit & milk. L-Chicken & white bean chili, corn bread, salad, veggie, fruit & milk.	18 12:00 DISMISS B-Maple oatmeal, toast, fruit & milk. L-Tuna casserole, bread stick, salad, veggie, fruit & milk.	19 B-Waffles, sausage, fruit & milk. L-Chef salad, roll, veggies, fruit & milk.	20 B-Cereal, ham slices, toast, fruit & milk. L-Pizza, salad, veggie, fruit & milk.	21	
22	23 B-Yogurt & granola, toast, fruit & milk. L-Ham sandwich, soup, salad, veggie, fruit & milk.	24 B-Bagel w/cream cheese, sausage, fruit & milk. L-BBQ chicken flatbreads, salad, veggies, fruit & milk.	25 Biscuits & gravy, fruit & milk. L-Sloppy Joe on bun, salad, veggie, fruit & milk.	26 B-French toast, fruit & milk. L-Chicken hoagie, Baked beans, salad, fruit & milk.	27 NO SCHOOL	28	
29	30 NO SCHOOL	31 B-Cereal, sausage, toast, fruit & milk. L-Meatloaf, bread stick, salad, veggie, fruit & milk.	Notes:				

More Calendars: June, July, August

WISHRAM SCHOOL IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER
SEE COMPLETE NON-DISCRIMINATION STATEMENT ON OUR WEBSITE www.wishramschoo.org

Wishram High and Elementary School Calendar

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Mystery Dinner at 6 In the Gym	3 HS Track Cadet JV Invite at Yakima at 330 LV 1 ETR 830 HSSB at Lyle w Mabton at 3 Testing 7 and 8	4 12 Dismissal InService BOOKMOBILE @ 9:30 Testing 7 and 8	5 Cinco de Mayo JH Track at Bickleton at 400 LV 100 ETR 730 Testing 7 and 8	6 HS Track at Bickleton Pirate Invite league at 330 Lv 1230 ETR 930 JH Track at Condon at 1130 LV 100 ETR 700 Testing 7 and 8	7 PROM
8	9	10 Guest Speaker Houston Kraft in Glenwood 7 thru 12th NURSE VISIT Testing 10 and 11	11 James and the Giant Peach Field Trip in Portland K thru 6th grades LV 9 Testing 10 and 11	12 JH Track League at Glenwood at 400 LV 120 ETR 800 Maryhill Museum Art Week grades 3 and 4 Testing 10 and 11	13 HS Track District at Bickleton at 330 LV 1230 ETR 1030	14
15	16 Senior Presentations 6th and 7th periods	17 Senior Presentations 6th and 7th periods Testing 10 and 11	18 12 Dismissal InService BOOK FAIR 3 to 5 pm BOOKMOBILE at 9:30 Testing 10 and 11	19 Staff vs. Students Softball Game Testing 10 and 11	20 HS Track Regionals at Wapato at 330 LV 9 ETR 1230	21
22	23	24 EOC Biology School Board Meeting at 5	25 EOC Biology	26 EOC Biology HS Track State at Cheney TBA	27 HS Track State at Cheney TBA Snow Makeup Break Day No School	28
29 Senior Trip	30 Memorial Day No School Senior Trip	31 Senior Trip	1	2	3	4

Murder Mystery Dinner



**Wishram ASB
Theater Dinner**

MAY 2nd 2016

Wishram School Gym

6:00 P.M.

Ticket Prices

Single \$12 - Couple \$20 - Family of 4 \$30(Each additional Family member in the house \$2 each) Please pre purchase tickets at the Wishram School Office. Tickets also available at door.

Wishram ASB Students will be performing a Mystery Play written By our own Jeremiah Paulsen

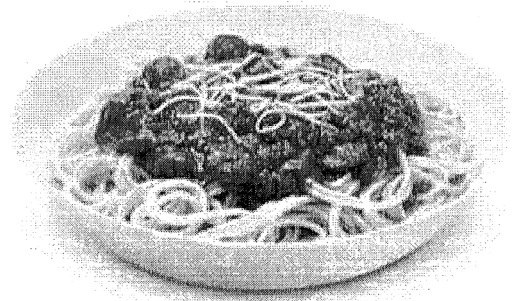
Sit down and enjoy a 3 course meal as you watch and guess who the Mystery Murderer is. Those that guess correct names will be put in for a drawing to win a prize at the end of the night.

On the menu for the night :

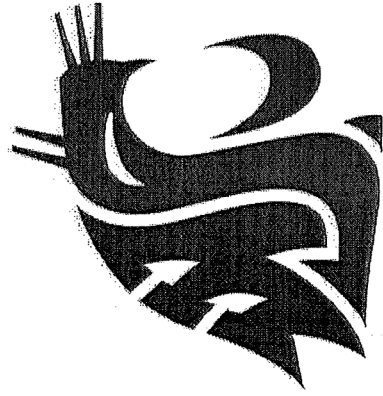
Salad

Spaghetti with Garlic bread

Door Prize Raffle
for a Family Pass of 4 to
The WAAAM Museum
in Hood RIVER Or,
Each adult attendee
receives one raffle
ticket



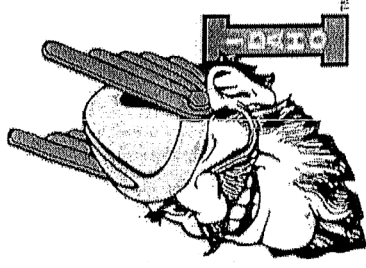
Wishram Senior Class Raffle



2- Endzone Football Tickets

To

**WSU vs. Idaho
at Martin Stadium
on Sept. 17th 2016**



\$1.00 A Ticket

OR

\$5.00 for 6 Tickets

Winner will be Drawn on May 18th

Contact the Wishram School office for more information

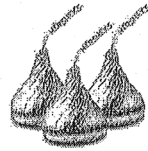
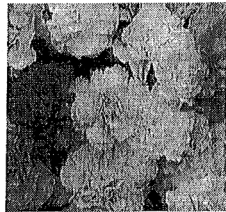
509-748-2551

Seniors Mother's Day Fundraiser

One Single Carnation Flower - \$2.00

Carnation Flowers and a vase - \$6.00

Carnation Flowers, vase, and Chocolate Kisses - \$10.00



Images shown are not exact products for sale

Orders Due May 5th and will be Handed Out May 6th

Name: _____

Ph # _____

One Carnation Flower

Carnation Flowers and a vase

Carnation Flowers, vase, and Chocolate Kisses

To: _____ From: _____

Yoga

Dear Parents/Caregivers-

I will be offering a beginning yoga class here at Wishram School on Thursday afternoons from 3:10 to 4:30. This yoga class will be for students in 5th through 12th grade, as well as community members and will focus on flexibility, breath work and being part of a community. The class will begin May 5 and continue on Thursdays, through the remainder of the school year. The cost of the class will be a can or package of non-perishable food to be donated to a local food bank.

Interested yoga participants should come to the gym ready to work in the areas mentioned above, but also be prepared to learn and allow others to learn as well. Appropriate clothing would allow you to move freely without binding and without worry of exposure during inverted poses. There will not be a snack provided. Please come to class with a non-perishable food item, an open mind and be ready to learn a life skill.

In order to participate, you WILL need to return this permission slip or community members can call Delores at the main office to sign up, by Monday, May 2.

Sincerely,

Judy Shinn

I give my permission for _____ to participate in the afterschool yoga program, beginning Thursday, May 5, 2016.

Parent/guardian signature

Learning with Toys and Games

“Let’s play!”

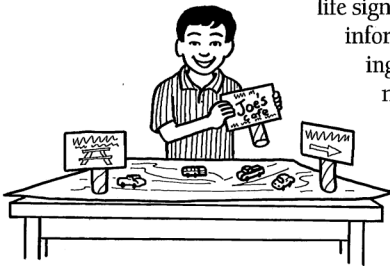
Did you know that those two simple words can help your child do better in school? Power up your youngster’s playtime with these ideas for adding language, math, and science to the toys and games he already enjoys.



Toy vehicles

Road signs

When your child sets up imaginary highways, suggest that he include road signs and billboards. For inspiration, read real-life signs together and discuss the information they share (warnings, directions, attractions, names of cities). Your youngster can write his own signs on index cards—perhaps “Rest area, next right” or “Eat at Joe’s Cafe. Best food in town!”



Let him tape them to toilet paper-tube “posts” so they will stand up as his cars zip around.

Free parking

These pretend parking lots will encourage your child to sort, group, count, and compare. Suggest that she think of ways to sort her vehicles (by type, color, number of doors) and count each group. Then, she can create parking lots on separate sheets of paper and draw matching numbers of spaces for each group. *Idea:* Have her explore different numbering systems by making more lots. In one, she might start at 100 and count on (101, 102, 103). Another lot could feature even-numbered spaces on one side and odd on the other. Now it’s time to park her cars and trucks where they belong!

Construction ahead

Building tunnels and bridges is a creative way for your youngster to dabble in engineering. Let him get duct tape and recycling-bin items (boxes, tubes, cups). Then, have him sketch a design and label the materials he will use. He can build a model and test it by rolling cars and trucks across or

through. To solve any problems (say, the bridge collapsed), encourage him to redesign and test again. He’ll learn all about the engineering process: design, build, test, redesign.

Toy figures, dolls, stuffed animals

A-Z compliments

Boost your child’s vocabulary with this descriptive game. Have her pick an action figure or a doll, choose an adjective beginning with A, and compliment the toy: “This superhero is *amazing*.” She’ll pass the toy to the next person, who adds a “B” compliment: “This superhero is *amazing* and *brave*.” The next player continues with C, and so on. The last player able to add an adjective picks a new toy to describe and starts another round with the next letter of the alphabet. If the last round ended on F, for instance, she begins with G.



Longer or shorter

Select any toy figure, and ask your youngster to point to another one that he thinks is longer (or shorter). After he picks, help him line up the two items side by side to check. If he’s correct, he “captures” both and sets them beside him. Otherwise, they go back in the toy box. Swap roles, and let him give you a size challenge. Whoever captures the most after five rounds wins. *Variation:* Name a length (say, 3 inches), and have him choose a toy figure he thinks is longer or shorter.

Home sweet home

Together, explore animal habitats in library books or online. Then, ask your child to find toy animals that would share a habitat in the real world. She might get a stuffed monkey and a stuffed leopard and say, “They both live in the jungle.” Let her create a habitat for them using household materials. She could construct a jungle with trees made of paper towel tubes painted green and add vines of yarn, for instance. What else would the animals need? (food, a source of water)

Games

Word spill

Cover the faces of six dice with pieces of masking tape. Write a letter from A to Z on each side, adding an extra D, L, R, S, T, A, E, I, O, and U. Set a timer for 1 minute. Your youngster rolls the dice, and everyone writes words that include at least three of the letters rolled. For T-Y-E-F-X-T, he may write *textile* because it includes T-E-X-T from the dice. When time is up, compare lists, and cross off duplicates. The winner is the person with the most words that no one else wrote. Play 10 rounds.

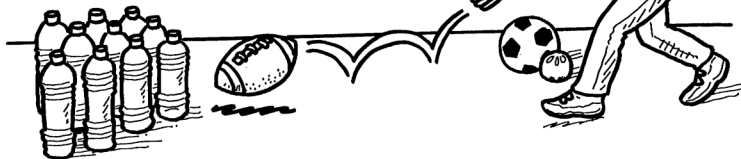


Two-player baseball

For this game, each player needs a shuffled deck of cards (face cards removed, ace = 1). Let your child be the batter. Flip over your top cards, and she adds the two numbers together (older children could multiply). An even sum is a hit, and an odd sum is a strike. Three strikes is an out, and four hits is a run. Keep track of your hits, runs, strikes, and outs with paper and pencil. After three outs, shuffle the cards and swap roles to complete the inning. Score the most runs to win.

How the ball rolls

Try this wacky bowling game to experiment with force and motion. Use 10 empty water bottles for the pins and an assortment

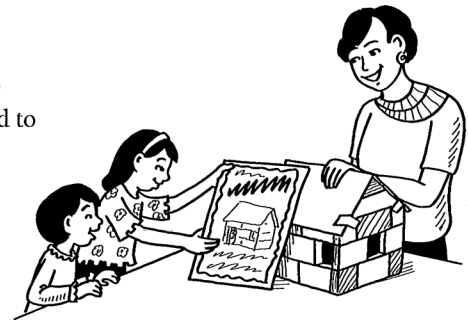


of balls (football, Wiffle ball, soccer ball). Bowl as usual—except use a different ball for each frame. Have your youngster compare how the size, shape, and weight of the balls affect the outcome. He might notice that round balls roll the best or that heavier balls knock down more pins than lighter ones. Each pin knocked down = 1 point. High score after 10 frames wins.

Blocks

House for sale

Ask your child to build a dream house out of blocks. Now she needs to write a persuasive ad to sell it! Remind her to make the home sound tempting—and to think about her audience (the buyer)—as she creates her sales pitch. To appeal to parents with several children, she may write, “A large family will have room to spread out in this *expansive* home.” *Tip:* Suggest that she read real estate ads for ideas.



Geometry quilts

Let your child examine quilts or pictures of quilts for repeating patterns. He might notice how triangles form pinwheels or see squares and triangles arranged into stars. Encourage him to invent his own pattern using wooden or foam blocks. For instance, he could make a race car pattern from a triangle, a rectangle, and four circles. Then, have your youngster draw the pattern on separate sheets of paper and tape them into a cool quilt to display on a wall.

Tower challenge

What is the tallest tower your youngster can make with 10 blocks? Encourage her to problem solve and measure heights with this activity. Have her choose 10 blocks, construct a tower, and measure it with a ruler or tape measure. Next, ask her to look at the blocks she used and exchange two of them for ones that could make her tower taller—without toppling over. Which shapes or sizes would make good swaps? After measuring her new creation, let her swap out another pair of blocks and try again.

Home & School CONNECTION®

Parent Support = Student Success

Experts agree: Showing support at home for your youngster's education leads to success in school and a good attitude toward learning. Here are important ways you can motivate your child to do well.



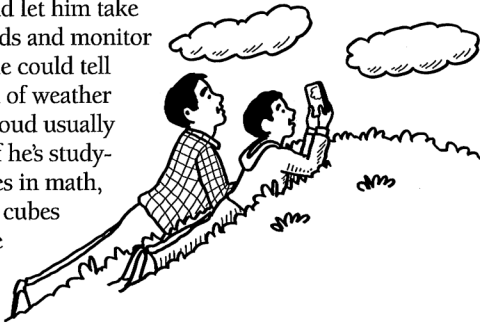
Talk about learning

Check backpacks

Taking an interest in what your youngster is learning at school shows him that you believe education is important. His backpack is full of clues. Go through it together, and look over papers and books he brings home. Focus on learning, while also keeping an eye on grades he's receiving. For example, ask him to read a poem he wrote or to explain how he solved a math problem. *Note:* Be sure to sign any required paperwork, and have him return it to his bag so he can hand it in on time.

Find real-world connections

Whether you're at home or out and about, look for activities that let your child make real-life connections to what he's studying in school. Say he's doing a weather unit in science. Go outside, and let him take photos of clouds and monitor the weather. He could tell you what kind of weather each type of cloud usually indicates. Or if he's studying solid shapes in math, see how many cubes and spheres he can spot on a walk.



Support homework

Be a resource

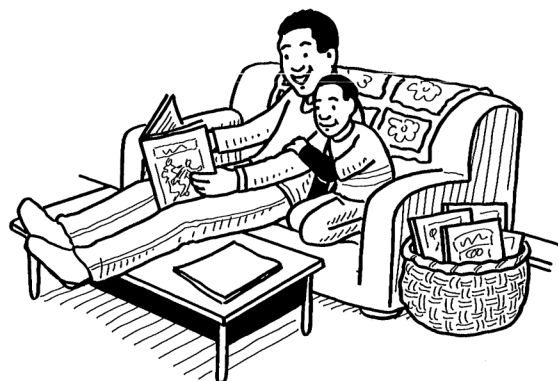
Ask your youngster to explain homework assignments to you. This will help her remember and focus on what to

do—plus, homework is a great springboard for discussions about school. If she gets stuck while she's working, ask questions to get her unstuck, rather than telling her the answers. Try: "Is there an example in your textbook that might give you a clue?" Also, check to make sure her homework is done each day, but don't correct it. Her teacher needs to see mistakes to find out what your child doesn't understand or where she needs extra help. Finally, when she studies for a test, offer to quiz her.

Set the stage

Show the entire family that homework is a priority. Together, find a spot away from distractions like the TV or siblings. It should have good lighting and be stocked with supplies (paper, pencils, calculator, dictionary). Then, let your youngster decorate a sign that says "Homework in progress. Talk to you later!" to post when she's working. *Tip:* Make sure electronic devices are silenced or in another room. If your child uses a device for homework, she should close unrelated windows and apps.





Create routines

Read aloud daily

Reading aloud to your youngster for at least 20 minutes every day is one of the most important keys to his success. Many parents read bedtime stories, but you could also read a wake-up story in the morning, hold a family read-aloud after dinner, and carry books in the car to read on the go. Choose a variety of reading materials, including fiction, nonfiction, children's magazines, and poetry.

Plan a healthy lifestyle

Routines that keep your child healthy also support academic achievement. If he is well rested, he'll be more likely to arrive at school ready to learn, so make sure he gets 9–11 hours of sleep. And good nutrition will give him the energy he needs to focus in class. Have him start each day with a healthy breakfast at home or in school. Regular physical activity—at least an hour a day—promotes good health, too. Take family bike rides, shoot baskets together at a playground, and set an example by regularly exercising yourself.

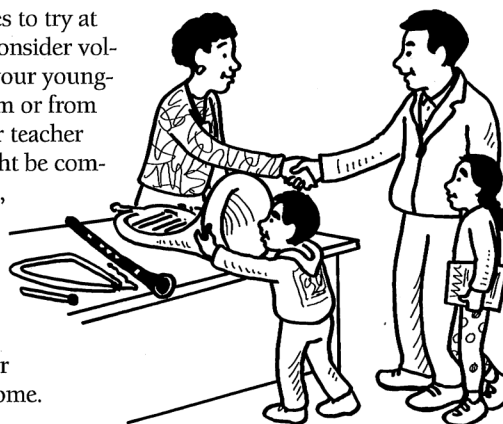
Communicate with the school

Stay in contact

Parent-teacher conferences allow you to sit down one-on-one with the teacher and talk about how to support your child's education. You can stay in touch between conferences, too, by sending notes or emails. If you have a concern about your youngster, ask for a time to meet or talk on the phone. *Tip:* It's nice to contact the teacher when things are going well, too. Sending a note about a classroom activity your child enjoyed or a positive comment she made about school is a good way to maintain a strong relationship.

Participate in events

Attend literacy nights, PTA or PTO meetings, math fairs, and special events to get to know school staff and learn information that can help you help your youngster. Introduce yourself to the media specialist, the school counselor, and the music teacher. Take notes about activities to try at home. Also, consider volunteering in your youngster's classroom or from home. Tell her teacher what you might be comfortable doing, such as reading one-on-one with students or making learning center materials at home.



The power of expectations

Children pick up on what parents expect from them—and they're likely to rise to the occasion. Try these suggestions for setting and communicating high, but reasonable, expectations for your youngster.

● **State your expectations.** You can be direct ("I expect you to finish homework before you get screen time") or indirect ("When you graduate from high school and go to college..."). Communicate your expectations regularly so your child knows them.

● **Be realistic.** Your youngster will be more apt to meet expectations if they're within her reach. Say several of her report



card grades dropped. It may be more reasonable to expect her to bring them up by one letter grade rather than two.

● **Make attendance a priority.** Let your child know that you expect her to attend school all day, every day, unless she's sick or there's a family emergency. Show her that you value attendance by scheduling vacations and, when possible, medical appointments outside of school hours.

Note: If you have more than one child, try to communicate high expectations suited to each of them.

Home & School CONNECTION®

Resources for Educators, a division of CCH Incorporated ■ 128 N. Royal Avenue, Front Royal, VA 22630 ■ 540-636-4280

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Wishram School District #94
Post Office Box 8
Wishram WA, 98673

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