

WISHRAM
SCHOOL

Drug Free
Smoke Free
Gun Free

WISHRAM SIGNALS

Volume 15 Issue 2

Wishram School Newsletter

February 2016



News from the Principal's Office

January has been a landmark month here at Wishram School. We are very excited to announce that ICU (our program designed to have every student complete every assignment) is underway, and we are all working diligently to ensure a successful second semester for the students that we serve. Winter sports are wrapping up, and we are waiting with anticipation to see how we wind up in the District basketball tournament for both our boys and girls teams starting in early February. As we look towards Spring sports we certainly have a lot going on, and to help students with the transition between events, we have now started a zero period weights course. Even though January was a short month, it has been full of academic and athletic success.

As some of you might be aware, the implementation of ICU means that you may be receiving texts and/or emails when your student misses an assignment. We want to encourage all of you to utilize that, and open a line of communication with our teachers so we can all be a part of total student success. Here at Wishram School, we are dedicated to assisting your student in completing every assignment every time, and we are very much looking forward to your continued support to aide us in our efforts. Thank you in advance for taking an active role in assuring that your student has their assignments completed and ready to turn in.

Winter sports are coming to a close, and both the boys and girls have done a tremendous job so far this season. We have the district tournament coming up, and I would like to invite all of you to come cheer on our young men and women as they make a break for regionals.

Please help us recognize the hard work and efforts of all of our athletes here at Wishram School.

Our zero hour weights class is just another testament to how dedicated our athletes are. They come in each morning before 6:15 a.m. to take part in weight lifting routines and cardiovascular workouts to improve their athletic performance. These young adults take so much pride in how they represent our school, and that is what makes this such a special place to receive and education.

In closing, I can honestly say that we are doing some wonderful things at Wishram School. Our faculty and staff are comprised of some of the most seasoned and caring individuals that you can find in an educational setting. We are a team of focused professionals that only have one goal in mind, and that is for each student to leave here prepared for a successful future. All my best.

-Mike Roberts
Superintendent/Principal

School Board Members:

Chairman, Clyde Rosa
Member, Kandy Churchwell
Member, Jeri Ruefer-Hore
Member, Eugene Wilson
Member, Detmar McCullough



School Board Meeting February 23rd @ 5:00

Wishram School is currently operating under the CEP (Community Eligibility Program), which was created through the Healthy, Hunger-Free Kids Act of 2010, and allows qualifying high-poverty local educational agencies (LEAs) and schools to offer breakfast and lunch at no cost to all students without requiring families to complete an annual household application.

Wishram School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Wishram School Superintendent, PO Box 8, Wishram, WA 98673, (509) 748-2551.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form, \(AD-3027\)](http://www.ascr.usda.gov/complaint_filing_cust.html) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov.

This institution is an equal opportunity provider.



No School on February 12th. This day was scheduled to be a make-up school day, due to a school closure on September 14th. It has now been changed back to a **non-operating** school day.

AWARDS CEREMONY

7-12TH FEBRUARY 4TH AT 1:15
K-6TH FEBRUARY 5TH AT 10:30

JOM AWARDS
FEBRUARY 9TH AT 2:15

MYSTER DINNER FEBRUARY 2ND (RESCHEDULED TBA)

SURVEILLANCE EQUIPMENT

Our surveillance equipment will be taking pictures of all the school grounds all of the time, north, south, east and west, as will the camera in the front hallway. Wishram School videotapes teachers periodically as a tool to improve our teaching. We look at how we teach and how our students respond. These videos are for in-school use only. If you do not want your child/ren to be a part of this process, please call Ms. Chantler at the school at 509-748-2551.

LifeTip!

Anonymous tip line for school safety

1-866-LIVE-TIP Ext. 940
(1-866-548-3847, ext 940)

Report anonymously 24 hours a day/365 days a year:

- School violence—weapons, bomb threats
- School damage—vandalism, theft

~ February 2016 ~							March ▶
◀ January	Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 B-Breakfast buddy sand, fruit & milk. L-Chicken nuggets, tater tots, salad, veggie, fruit & milk	2 B-Cereal, ham slices, toast, fruit & milk. L-Chicken penne alfredo, roll, salad, veggie, fruit & milk.	3 B-Egg cones, fruit & milk. L-Salisbury steak, mashed potato, gravy, salad, veggie, roll, fruit & milk.	4 B-Scrambled eggs & bacon, toast, fruit & milk. L-Baked Cajun chicken, roll, salad, veggie, fruit & milk.	5 B-Walnut breakfast cookie, cereal, sausage, fruit & milk. L-Beef taco pie, refried beans, salad, veggie, fruit & milk.	6
7		8 B-Pancakes, fruit & milk. L-Ham or turkey sand, soup, salad, veggie, fruit & milk.	9 B-Bagel w/cream cheese, sausage, fruit & milk. L-Corndogs, fries, salad, veggie, fruit & milk.	10 12:00 DISMISS B-Colby calzone, fruit & milk. L-Ground beef stroganoff, roll, salad, veggie, fruit & milk.	11 B-Frittata, toast, fruit & milk. L-BBQ pork heros, baked beans, salad, veggie, fruit & milk.	12 NO SCHOOL	13
14		15 NO SCHOOL	16 B-Cereal, ham slices, toast, fruit & milk. L-Grilled cheese, baked beans, soup, salad, veggie, fruit & milk.	17 B-French toast, fruit & milk. L-Spaghetti & meatballs, garlic bread, salad, veggie, fruit & milk.	18 B-Breakfast buddy sandwich, fruit & milk. L-Chicken & white bean chili, corn bread, salad, veggie, fruit & milk.	19 B-Waffles, ham slices, toast, fruit & milk. L-Chicken gravy on mashed potatoes, roll, salad, veggie, fruit & milk.	20
21		22 B-Blueberry breakfast cornbread, cereal, fruit & milk. L-Mostacioli, roll, salad, veggie, fruit & milk.	23 B-Biscuits & gravy, fruit & milk. L-Chicken ala king, rice, fortune cookie, salad, veggie, fruit & milk.	24 12:00 DISMISS B-Cereal, sausage, toast, fruit & milk. L-Tuna casserole, salad, veggie, fruit & milk.	25 B-Pancakes, fruit & milk. L-BBQ chicken flatbreads, salad, veggie, fruit & milk.	26 B-Blueberry muffin, cereal, fruit & milk. L-Hamburgers, fries, baked beans, salad, veggie, fruit & milk.	27
28		29 B-Bagel w/cream cheese, sausage, fruit & milk. L-Macaroni & cheese, roll, salad, veggie, fruit & milk.	Notes:				

WISHRAM SCHOOL IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER
SEE COMPLETE NON-DISCRIMINATION STATEMENT ON OUR WEBSITE www.wishramschool.org

Wishram High and Elementary School Calendar

February 2016

Highlight

Add New Item

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 JHBB at Lyle w Bickleton at 530	2 JHBB at Dufur at 3 JHVB 430 LV 2 ETR 8 Mystery Dinner at 6 in the Gym(RESCHEDULED TO MAY TBA)	3 5 and 6 BB w/Lyle JH JV at Wishram at 4	4 5 and 6 w Dallesport at Wishram at 430 Eagle Field Trip 5th and 6th Grade LV 9 ETR 3 Secondary Awards at 115	5 Elementary Awards at 1030 HSBB at Bickleton JVG 3 JVB 430 VG 6 VB 730 LV 12 ETR 1130	6 HSBB at Lyle w Naselle JHB 4 VB 530
7	8 9 thru 12 Ski Trip to Timberline LV 7 ETR 430	9 JOM AWARDS 2nd QTR @ 2:15	10 12 Dismissal In- Service BOOKMOBILE @ 9:30	11	12 HSBB District No School	13 HSBB District
14	15 Presidents' Day - No School	16 HSBB District	17	18 NAV 101 7th Period	19 HSBB District	20
21	22	23 School Board Meeting at 5	24 12 Dismissal In- Service BOOKMOBILE @ 9:30 PSAT Testing	25 NAV 101 1st Period	26 HSBB Boys Regionals	27 HSBB Girls Regionals
28	29 HS Track 1st Day of Practice	1	2	3	4	5

History Class

By Mr. Ken Weaver

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search ID: rbon241

We have just finished first semester and the students have learned many new things. In 7/8th grade U.S. History, we have learned about the original 13 colonies, the Revolutionary War, the Early Republic and Age of Jackson. We are currently studying Westward Expansion and will be heading towards Sectionalism, Slavery and the Civil War. In 11th Grade U.S. History, the students have studied the Progressive Era, Imperialism, the Great Depression and are now beginning to learn about World War 2. The 12th Grade, in Current World Problems, have extensively studied the Middle East, Islam, Terrorism and the rise of ISIS, as well as looking at other current events. And our 9th Grade have just finished Civics, where they learned about the Constitution and the 3 branches of Government. They will be learning World History this semester.



Relationships
Enrichment
Academics
Community
Homework

REACH

WINTER 2016 NEWSLETTER

REACH PROGRAM SPOTLIGHT

All three sites - Wishram, Dallesport and Lyle started their REACH programs in mid-October. Despite some logistical challenges, each site is up and running 4 days a week. All of the sites offer after school programming M-TH and before school homework help M-FRI. Each site has a program calendar and a daily schedule in place. After winter break each of the sites are working on planning more family events, field trips, and arranging for guest programming.



OOOO Educational
OOO Service District 112
OO REACH is a program of ESD 112

Wishram

- Students served: Grades K-12
- Average daily attendance: 15 -27 students
- Homework Table 7:00 a.m. to 8:00 a.m.
- Snapshot of Program activities
 - » Catapult Project-Based Learning Unit
 - » Building with Legos
 - » Poetry

Dallesport

- Students served: Grades 3-5
- Average daily attendance: 20 students
- Homework help before and after school
- Snapshot of Program activities
 - » Math & Language Arts Games
 - » Watercolor paintings, chalk drawings, geometric art
 - » AR Reading and following directions
 - » Building with Legos and other building systems
 - » Diamante Poetry with graphics

Lyle

- Students served: Grades 6-12
- Average daily attendance: 15 students
- Homework help before and after school
- Snapshot of Program activities
 - » Open Library: Parent/Family Saturday outreach
 - » Extra work time
 - » Help with navigating the computer
 - » Parents can monitor students' progress
 - » Piano available for students to experiment with musical skills

School Delays/Closures

The following will give you alerts for school delays and closures emailed to you and texted.

Newsflash Alert set up info:

Login in to: [HTTP://flashnews.net](http://flashnews.net)

Click on **flashalert.net** on left hand side of screen

Click on Portland on the map

Click on Columbia Gorge Schools and pick Wishram

Add your email address and subscribe. Follow the instructions to set up an account.

You will get a code emailed to you for your email and a text with the code for your cell phone.

You will need to update your account every year.

If you have an android, you will need to download the flash alert app.

You also can subscribe through our website (www.wishramschool.org): click on more links on left side and then click on sign up for alerts:

ASB Candy Grams

Orders Due Feb. 9th and handed out on Feb. 11th

Place your orders in at the Wishram
School Office



valentine's Sucker \$1

\$3.50 Small valentine's

(Sucker and Stuffed Animal)



\$6.50 Medium valentines Candy
Bouquet

(Crush Pop with candy)

\$10.00 Large valentine's

Candy Bouquet

(Crush pop, Candy, Smencil, and stuffed Animal)



WISHRAM ASB

Valentines Raffle

**Tickets \$1 Each or
\$5 for 6**



**Win a
Large Teddy Bear
and Chocolates**

**Buy your
Tickets in
The Wishram School Office**

**Wishram 6th Annual
Lip Sync/Silent Auction**

March 4th 2016

At the Wishram School

Loaded Nachoes

\$6 a Plate

Silent Auction/ Nacho Feed Starts at 5p.m.

Silent Auction Closes at 6 p.m.

Lip Sync Starts at 6:15 p.m.

Home & School

Working Together for School Success

CONNECTION®

February 2016

Wishram School District



SHORT NOTES

Groundhog Day

When was the first Groundhog Day? How often is the groundhog right about the weather? Encourage your child to find the answers to these questions and more by researching Groundhog Day in library books or online. Then, she can make her own predictions about when spring weather will arrive—and see if she and the groundhog agree!

Illustrate a feeling

Drawing or painting a picture is often an easier way for youngsters to express difficult feelings. If you sense that your child feels nervous, sad, or afraid, try getting out art supplies. He might sketch a portrait of himself with butterflies across his stomach if he's nervous or a scary monster if he's afraid.

Family workouts

On cold winter days, your youngster can still get the 60 minutes of recommended daily physical activity—while enjoying family time. Play “baseball” with snowballs, scoring one run for each ball you hit. Build an indoor or outdoor obstacle course. Or hold “yoga class” by following a video.

Worth quoting

“You can’t stay in your corner of the forest waiting for others to come to you. You have to go to them sometimes.” A. A. Milne

JUST FOR FUN

Q: What musical instrument can you hear but not see or touch?

A: Your voice!



Read, create, and retell

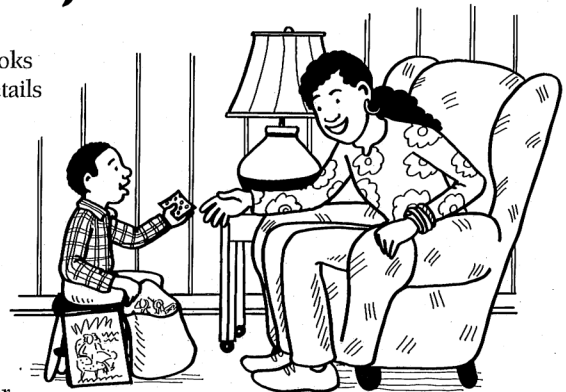
In school, your child will be asked to think deeply about books and to pay close attention to details as he reads. That means doing activities like analyzing characters, visualizing book settings, and retelling stories. Let him practice at home with these fun projects.

Character cereal

Have your youngster cover an empty cereal box with paper and decorate it based on his favorite storybook character. For example, *The Rainbow Fish* (Marcus Pfister) learns to be a good friend, so your youngster could name his cereal “Friendly Flakes.” Encourage him to draw the character on his box and describe the cereal (“Sparkly and colorful”). He could add an activity on the back, such as a quiz. (“Why did the other fish ignore him at first?”)

Setting map

Suggest that your child draw a map of a book’s setting. He’ll imagine what the setting might look like and think about how each part is important to the story. If he’s mapping *Holes* (Louis Sachar), he could



use a circle to represent Camp Green Lake, where the prisoners dig holes. He can add an onion for the field where onions grow and are used as medicine.

Plot bag

Let your youngster fill a paper bag with items related to a story and use them to retell the tale aloud. After he reads *A Chair for My Mother* (Vera B. Williams), he might put a fabric swatch and coins in a bag. He can pull out each piece and explain its significance as he retells. (“I added coins because the kids saved money to buy their mom a chair. She worked hard and needed a place to relax.”)♥

School pride

If your youngster takes pride in her school, she’s likely to feel more connected to it—and more motivated to learn. Help her develop strong school ties with these tips:

- Make school events into family events by attending as many as you can. Your child will feel proud to show off her school to you.
- Post school news and announcements on the refrigerator. Providing a place of honor for these items reminds her that school is an important part of your family’s life.
- Encourage your youngster to get involved in a school activity. Being a member of the chess club or safety patrol squad will give her a sense of pride—and of belonging.♥



A respectful student

School is more pleasant for both students and teachers when children behave respectfully. Share this advice with your youngster so she can do her part in creating a respectful place to learn.

Respect for all. Point out that everyone—from the principal to the custodian, and from the popular kid to the unpopular one—deserves to be treated with respect. Encourage your child to smile or wave at school staff members and fellow students. You can set an example by letting her see you give everyone (receptionists and doctors, cashiers and store managers) the same respect.



Respect for property. In school, students share library books, playground space, restrooms, and more. And these things will be nicer to use when youngsters take care of them.

Suggest that your child do simple acts that show respect for school property. *Examples:* Returning library books so others can read them, putting trash in wastebaskets so the playground and restrooms look nice and stay clean.♥

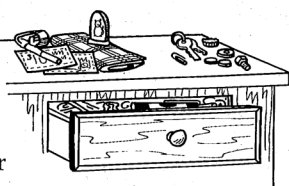
ACTIVITY CORNER

Junk-drawer creativity

Look no further than your kitchen junk drawer to give your youngster's creative thinking a boost. Try these ideas.

Reuse

Suggest that your child come up with different uses for objects in the drawer. He could use rubber bands to make a ball or turn a cork into a pincushion, for example. Take turns thinking of ways to reuse a bottle cap, a handheld mirror, and other junk-drawer items.



Sort

Let your youngster sort items according to a secret criterion, and you try to figure out his rule. Say he puts a paper clip and a key in one group, and a coupon and a gift bag in another. You might guess that he's sorting by materials (metal, paper). Next, you sort objects into piles, and have him determine your rule.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Q & A

Strong study habits

Q: My third grader has to spend more time studying this year. How can I make sure he studies effectively?

A: Set your son up for success by helping him find a distraction-free study spot. Also, have him come up with a study routine. For instance, he could reserve time each evening to review his textbook and notes in the days leading up to a test or quiz.

Then, many students find it helpful to jot down a purpose each time they study at home. Your child might write: "I will learn the definitions of all the bold-faced words in chapter 7, section 1."

Finally, encourage him to experiment with study strategies to find what works best for him. He could close his eyes and imagine how a word is spelled or draw a grid with 9 squares to solve 3 x 3. Or he might find it easier to spell or recite math facts aloud in rhythm or to a familiar tune.♥



PARENT TO PARENT

Perfect...or close enough

My daughter Sasha gets upset if her handwriting isn't "perfect" or if her shoes aren't tied a certain way. My mother pointed out that I'm kind of a perfectionist, too. While it helped me work hard in school and now at my job, she said it often led to frustration when I was Sasha's age.

She suggested that I try what worked with me: Have Sasha think about what might happen if something isn't perfect. So the next time I found my daughter retying her laces over and

over, I asked, "What's the worst that could happen if the knot is a little off-center?" At first she said she would trip and fall, but then she smiled and said, "I guess nothing." Another day, she wanted to rip up her homework because every letter wasn't perfect. I encouraged her to do a different assignment and look at the first one again later—she did, and she decided she could live with it after all.

Sasha may always be a perfectionist, but I hope she's learning to tell the difference between what really matters and what she can let go.♥



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