

WISHRAM SIGNALS



Volume 15 Issue 12

Wishram School Newsletter

December 2015

509.748.2551

WISHRAM
SCHOOL

Drug Free
Smoke Free
Gun Free

News from the Principal's Office

The month of November provided all of us with the opportunity to reflect on the importance of family and culture in our daily lives. Occasionally, with the hustle bustle of life, we neglect to pay tribute to our family and community members for helping us create the positive and sustainable situations in which we can all learn from one another, and help each other achieve success. This month was full of opportunities to assist us in reconnecting with our families and community. Our month began with a record breaking turnout for the popular Halloween Carnival. The middle of the month brought a very compelling Veterans Day Assembly, and recently we were able to celebrate with parents, community members, staff, and students at our annual Cultural Exchange. The combination of those experiences provided everyone with a pristine example of the strong heritage, traditions, and values that exist within our region.

The Halloween Carnival was a tremendous success this year, and the record turnout showed us exactly how much everyone in the community looks forward to the event. This provided the staff, students, and community members with the opportunity to have a safe Halloween experience, and share a fun filled evening full of family friendly activities. The event was coordinated very well by Wishram School staff, and enjoyed by all who attended.

The Veterans Day assembly was very powerful, and those who came to speak did a wonderful job of explaining the importance of service in the armed forces. The assembly also gave us a chance to hear about all of the interesting experiences had by community members who have served. This provided the students with the opportunity to understand why we celebrate Veterans Day, and really gave them an introspective view of exactly how much has been sacrificed to enjoy the lives that we have today. Overall, this was a beneficial experience for everyone involved in the Veterans Day.

The Cultural Exchange is an annual event that nearly everyone in the community looks forward to. During this time, we are able to experience and learn about the Native American culture that surrounds the area, and we have the opportunity to share a great meal together. There is so much that goes into carrying out this event, and it takes total coordination between staff, students, and community to put on such a large production. It also provides the students and community members with a chance to share their culture, traditions, and values with everyone, so that we can take the opportunity to appreciate and celebrate the rich and vibrant heritage that exists all around us. There is no doubt why this is such a highly coveted annual event for everyone.

In closing, this has been a month of celebration and reflection. We have had many opportunities to interact and share with one another, and each and every outing has been beneficial and important to Wishram School. As always, I am amazed by everyone's effort and desire to continue to make this the best possible place for our students to come each and every day. I look forward to many more events in the future. All my best.

Mike Roberts

Superintendent/Principal

School Board Members:

Chairman, Clyde Rosa
Member, Kandy Churchwell
Member, Jeri Ruefer-Hore
Member, Eugene Wilson
Member, Detmar McCullough



School Board Meeting Date & Time to be Determined

Wishram School is currently operating under the CEP (Community Eligibility Program), which was created through the Healthy, Hunger-Free Kids Act of 2010, and allows qualifying high-poverty local educational agencies (LEAs) and schools to offer breakfast and lunch at no cost to all students without requiring families to complete an annual household application.

Wishram School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Wishram School Superintendent, PO Box 8, Wishram, WA 98673, (509) 748-2551.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at http://www.ascr.usda.gov/complaint_filing_cust.html or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.

GREAT AMERICAN SCHOLARSHIP FUNDRAISER

Top Sellers were Shawnda Reynolds, Makayla Hanson, and Ethan McConville. Thank you to all of the students who participated. Total sold was over \$2300. Expect the delivery of your items soon! If you didn't receive something that you ordered, call the school office. Thank you again for all your support!

Cultural Event

By Janet Sullivan

A special thanks go out to Carolyn Wilson, Arlene Zornes, Ava VanVelsor, Pam Dick, Julia Lund, Cassie Back, Jeramiah Paulson and Kelli Barnes for all of their help in the kitchen during our Cultural Exchange. I hope I didn't forget anyone, If I did, my apologies.



JOM AWARDS

Thursday, December 10, 2015 in the Cafeteria

SURVEILLANCE EQUIPMENT

Our surveillance equipment will be taking pictures of all the school grounds all of the time, north, south, east and west, as will the camera in the front hallway. Wishram School videotapes teachers periodically as a tool to improve our teaching. We look at how we teach and how our students respond. These videos are for in-school use only. If you do not want your child/ren to be a part of this process, please call Ms. Chantler at the school at 509-748-2551.

LifeTip!

Anonymous tip line for school safety

1-866-LIVE-TIP Ext. 940

(1-866-548-3847, ext 940)

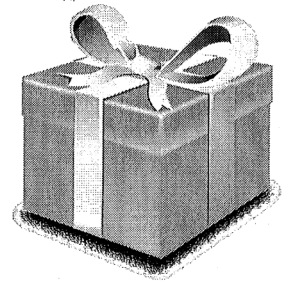
Report anonymously 24 hours a day/365 days a year:

- School violence—weapons, bomb threats
- School damage—vandalism, theft

Wishram ASB

Mystery Raffle

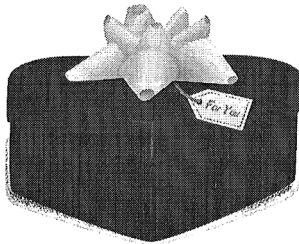
This year's items:



*Items picture are not the actual item.



*** Video Streaming Drone**



*** Kindle Fire**



*** Family Game Night**



\$1 per ticket or 6 for \$5

Put your ticket in the Mystery box 1,2, or 3 for a chance to win one of the items listed above.

The winner for each box will be drawn at the Winter Program on Dec. 16th.

Tickets will be available for purchase starting Dec. 1st at the Wishram School Office

Hint Hint :No one will know what's hidden in the boxes until the winter program.

BINGO

Wishram ASB

50/50

BINGO

DEC. 5th 2015

@ the Wishram School House

5-8 P.M.

We will play a total of 10 games

@ \$1 per card

and one Bonus game

@ \$3 per card

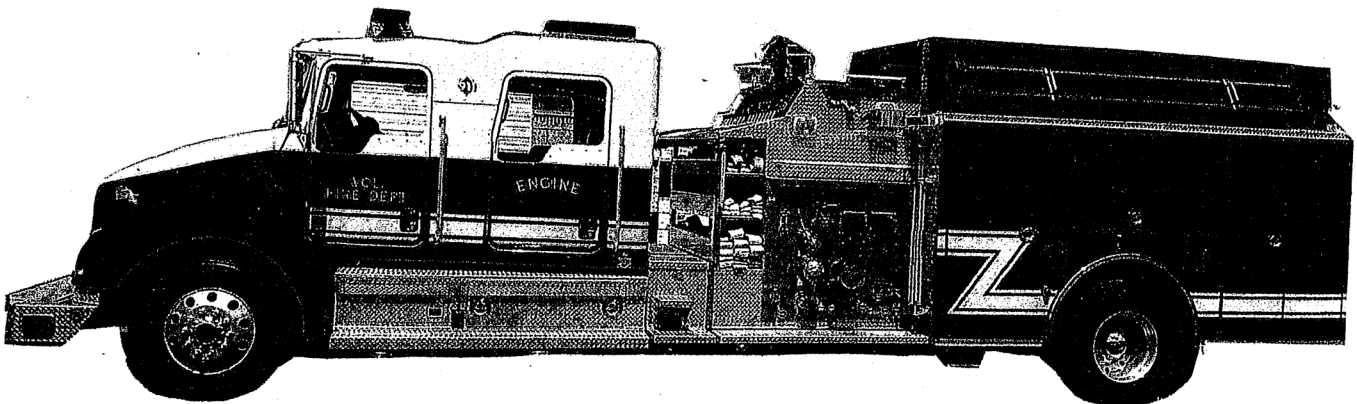
Attention

EMERGENCY VEHICLE LIGHT CARAVAN DEC 19th

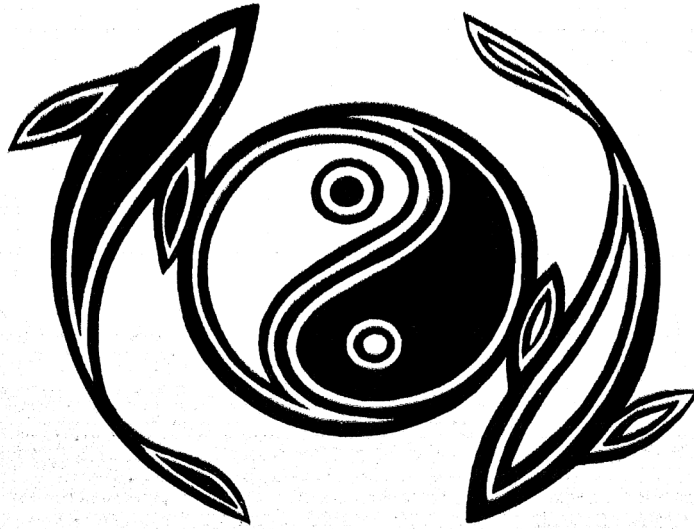
| | | |
|--------------|-------------------|------|
| Form up | Wishram heights | 4:30 |
| Depart | | 5:00 |
| Arrive | Wishram Fire Hall | 5:20 |
| Depart | | 5:40 |
| Arrive | Dallesport | 6:15 |
| Arrive | Dallesport School | 6:30 |
| Depart | | 6:50 |
| Arrive | Lyle | 7:10 |
| Arrive | Lyle Park | 7:30 |
| Evening Ends | | 8:00 |

Come and enjoy the show

SANTA WILL BE ALONG FOR PHOTOS



Royal Family



Tai Chi

Wishram, WA

Tai Chi Chuan is a holistic mind/body fitness system that is practiced for both its health benefits and for self defense. Tai chi's use of connected flowing movements and stationary postures have been shown to promote balance, strength and relaxation. Through practice a greater awareness of the integration of mind and body are developed.

Class Information

Classes are instructed by Toms and Carrie Royal, who have over thirty years combined experience learning Chinese Kung Fu from Master John Kam Shing Koo, the founder Chinese Fistology in Portland Oregon.

Their background includes: Yang Style, Chen Style and Sun Style Tai Chi. Wang Xiang Zhai's "Yi Quan", Southern Bamboo Forest Temple Praying Mantis Kung Fu and Qi Qong.

Class meets Tuesdays evenings 5:30-7:00 at the Wishram School Gym. Rates are \$65 per month for adults and \$55 per month for students under 18.

For more information about classes please call or email Toms Royal: 503-422-3012,
tomsroyal@msn.com.

Note: This is a privately run program , which is not affiliated with Wishram School

Halloween Carnival

D. Ewing

The Wishram School annual Halloween Carnival was a great time had by all! A big 'thank you' goes out to all of the parents and community members that came and/or dressed in costume. There were a lot of great costumes. The kids were all very excited! Having so many people involved helps to make the event fun!

Our Halloween Carnival can't happen without the generous contributions of the community:

Steve & Sharon Dillard

Gene & Carolyn Wilson

Carl & Donna Churchwell

John & Bonnie Trosper

Stacy Land & Jeri Turner

Mark & Sandy Carter

Tye & Kandy Churchwell & Makayla

Jerry & Bessie Straton

Ken Ratliff

Alan & Mary Rosa

Janice & Dallas Dougherty

Leon & Linda Chilson

Brian & Janet Sullivan

Gene & Delores Ewing

The Stewarts

Clyde & Jennifer Rosa

Wayne & Marilyn Bryson

Art & Carmen Davis

Patty Newson

Inez Babcock

Robert & Christina Rowan

Claire Sholdebrand

The Kindricks

Andrene Holzschuh

The Childers family

Betty Jorgenson

Lavonne Holbrook

Phyllis Carter

Shelley Tracy

Charlie & Rhonda Hargrove

James Fickas

Clarence & Carol Renno

Charlie & Jeri Ruefer-Hore

The Flock Family

Ron & Terry Black

Thank You All!

| November | | December 2015 ~ | | | | | January | |
|-----------|---|--|--|--|---|-----------|---------|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | |
| | | 1 B-Egg quesadillas, fruit & milk. L-BBQ chicken flatbreads, salad, baked beans, veggie, fruit & milk. | 2 12:00 DISMISS B-Breakfast buddy sandwich, fruit & milk. L- Sloppy Joe on bun, salad, veggie, fruit & milk. | 3 B-Pancakes fruit & milk. L-Chicken ala king, rice, salad, veggie, fruit & milk. | 4 B-Blueberry muffin, cereal, fruit & milk. L-Fish & chips, salad, veggie, fruit & milk. | 5 | | |
| 6 | 7 B-Cereal, ham slices, toast, fruit & milk. L-Lasagna roll-ups, garlic toast, salad, veggie, fruit & milk. | 8 B-French toast, fruit & milk. L-Chicken burger, BBQ beans, salad, veggie, fruit & milk. | 9 B-Bacon & egg cones, fruit & milk. L-Chicken & white bean chili, cornbread, salad, veggie, fruit & milk. | 10 B-Maple oatmeal, sausage, toast, fruit & milk. L-Mexi-mac, refried beans, salad, veggie, fruit & milk | 11 B-Caramel apple salad, fruit, toast, fruit & milk. L-Pizza, garlic bread stick, salad, veggie, fruit & milk. | 12 | | |
| 13 | 14 B-Colby calzone, fruit & milk. L-Macaroni & cheese, salad, veggie, fruit & milk. | 15 B-Pancakes, fruit & milk. L-Beef stroganoff, salad, salad, veggie, fruit & milk. | 16 B-Yogurt & granola, toast, fruit & milk. L- Grilled ham & cheese, soup.BBQ beans salad, veggie, fruit & milk. | 17 B-Bagel w/cream cheese, ham slices, fruit & milk. L- Teriyaki chicken rice bowls, fortune cookie,salad, veggie, fruit & milk. | 18 B-Cereal, sausage, toast, fruit & milk. L-Hamburger & fries, salad, veggie, fruit & milk. | 19 | | |
| 20 | 21 CHRISTMAS BREAK NO SCHOOL | 22 CHRISTMAS BREAK NO SCHOOL | 23 CHRISTMAS BREAK NO SCHOOL | 24 CHRISTMAS BREAK NO SCHOOL | 25 CHRISTMAS BREAK NO SCHOOL | 26 | | |
| 27 | 28 CHRISTMAS BREAK NO SCHOOL | 29 CHRISTMAS BREAK NO SCHOOL | 30 CHRISTMAS BREAK NO SCHOOL | 31 CHRISTMAS BREAK NO SCHOOL | Notes: | | | |

WISHRAM SCHOOL IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER
SEE COMPLETE NON-DISCRIMINATION STATEMENT ON OUR WEBSITE www.wishramschool.org

Wishram High and Elementary School Calendar

December 2015

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--|---|---|---|--|
| 29 | 30 | 1 | 2 12 Dismissal In-Service HSBB Klickitat Jamboree VG 5 VB 5 LV 3:45 ETR 930 | 3 JHBB at Centerville VG 530 VB 7 LV 415 ETR 830 NAV 101 4th Period | 4 Fred Hill HSBB at Stevenson JVG 3 JVB 430 VG 6 VB 730 LV 130 ETR 1030 | 5 ASB Bingo 50/50 5 to 8 pm |
| 6 | 7 JHBB at Lyle w Tr. Lake VG 530 | 8 HSBB at Lyle w S Wasco JVG 3 JVB 430 VG 6 VB 730 JHBB at Lyle w Wishram 5 and 6 JVG 4 JVB 530 | 9 BOOKMOBILE at 930 | 10 JHBB at Klickitat VG 530 VB 7 LV 430 ETR 830 JOM AWARDS @ 2:10 | 11 HSBB at Dufur JVG 3 JVB 430 VG 6 VB 730 LV 130 ETR 1030 | 12 HSBB at Lyle w Naselle JHB 5 VB 630 |
| 13 | 14 HSBB at Open Door Academy JVB 430 VG 6 VB 730 LV 2 ETR 1130 JHBB at Lyle w Glenwood JVG 530 JVB 7 | 15 JHBB at Lyle w Sherman Co. JVG 4 JVB 530 | 16 WINTER PROGRAM AT 6PM | 17 JHBB at Lyle w Wishram 5th and 6th 345 JHBB at Lyle w Bickleton at 530 | 18 | 19 HSBB at Lyle w Yakima Tribal JVG 2 JVB 330 VG 5 VB 630 |
| 20 | 21 Winter Break - No School | 22 HSBB at Lyle w Stevenson VG 5 VB 630 School Board Meeting TBD Winter Break - No School | 23 BOOKMOBILE at 930 Winter Break - No School | 24 Winter Break - No School | 25 Christmas - No School | 26 |
| 27 | 28 HSBB at Coer d'Alene VG 7 LV 10:30 ETR ? | 29 HSBB at Coer d'Alene VG 7 LV 10:30 ETR ? HSBB at Nasalle JHB 4 VB 530 Winter Break - No School | 30 HSBB at Coer d'Alene VG 7 LV 10:30 ETR ? Winter Break - No School | 31 Winter Break - No School | 1 | 2 |

School Delays/Closures

The following will give you alerts for school delays and closures emailed to you and texted.

Newsflash Alert set up info:

Login in to: [HTTP://flashnews.net](http://flashnews.net)

Click on **flashalert.net** on left hand side of screen

Click on Portland on the map

Click on Columbia Gorge Schools and pick Wishram

Add your email address and subscribe. Follow the instructions to set up an account.

You will get a code emailed to you for your email and a text with the code for your cell phone.

You will need to update your account every year.

If you have an android, you will need to download the flash alert app.

You also can subscribe through our website (www.wishramschool.org): click on more links on left side and then click on sign up for alerts:

Home & School

CONNECTION®

Working Together for School Success

December 2015

Wishram School District



SHORT NOTES

My kind of town

When you travel to a different town or state, encourage your youngster to compare and contrast it with your area. She might notice that a suburb has shorter buildings and more open space than the city she's from. Or if you live near mountains, she may be surprised by how flat a plain is.

Volunteer for class parties

This time of year, your youngster's teacher may need help with a class party. You could volunteer to coordinate food and activities or to pitch in on party day. Or you might offer to contribute craft supplies or a nutritious treat (fruit kebab, baggies of popcorn and raisins). The teacher will appreciate your involvement—and so will your child!

Shared space

Arguments over the bathroom can throw a wrench in your youngsters' morning routines. Have them work together to come up with a schedule. They should decide who will go first on which days and how long they can spend getting ready in the bathroom. Creating the routine themselves will make them more apt to stick with it.

Worth quoting

"At first, dreams seem impossible, then improbable, and eventually inevitable." *Christopher Reeve*

JUST FOR FUN

Q: What do you call a snowman in summer?

A: A puddle.



Raise a generous child

Whether your child is making a gift for a grandparent or putting together a care package, he is learning to give to others. Use these suggestions to nurture his generosity.

The gift of time

Being generous doesn't have to cost money. Encourage your youngster to take a little extra time to do things for others. For example, he could handle a chore for a sibling who has a big test the next day. Or he might organize and lead games for younger cousins at a family gathering.

A "wish list" for others

Does your child list gifts he hopes to receive? Let him make a list for others, too. He could write down presents he would like to make or buy for relatives and friends. Have him carefully consider what each person might want ("Grandma loves to hear me play piano, so I'll make her a video of me playing her favorite songs"). This can help him discover how good it feels to give.



My special cause

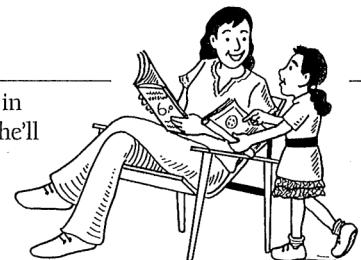
Your youngster may feel more eager to give to a cause that is personally meaningful to him. For instance, if you have a relative in the military, he could help you put together care packages for troops. Or if he loves animals, he might gather towels and blankets and donate them to a shelter.

Tip: Help your child see himself as a giving person by pointing out his generosity. ("It was generous of you to offer your brother your last slice of pizza.")♥

A lifelong learner

Learning isn't just something that happens in school—show your youngster it's a practice she'll do all her life. Consider these ideas:

- Tell your child about things you're learning and ways you're educating yourself. For example, if your office is switching to a new accounting system, talk about training sessions you attended and how they helped you do your job.
- Encourage self-help. If your family wants to try camping for the first time, work together to investigate where to camp, the gear you'll need, and the best time to go. You might consult workers at an outdoors store, read books about camping, or search online for campgrounds.♥



Write to persuade, write to explain

Writing serves various purposes. Here are two important reasons your youngster will write in school, along with ways she can practice at home.

Persuade. Encourage your child to think through both sides of a topic before she writes by staging a pretend debate with two dolls or action figures. She could pick a topic, like whether kids need more recess, and speak for each “person.” Then, she should decide which side she agrees with and write an argument from that point of view.



Explain. Let your youngster think of a task (say, washing your hair). Without telling you what it is, she should write instructions for you to act out. (“Turn a bottle upside down. Hold one hand under the bottle...”) As you go through the motions, she may realize she left out a step and needs to edit her directions.

She’ll see the importance of being precise when explaining something in writing. After you guess what you’re acting out, write a set of instructions for her.♥

Q & A

Drugs: Start a conversation

Q: How should I talk to my second-grade son about drugs?

A: Try starting with what your child already knows. Ask him what he has heard about drugs, and talk about those facts or myths.

If he says all drugs are bad, remind him that when he’s sick, you or his doctor may give him drugs to help him get well. Then, talk about the dangers of illegal drugs. Explain that they may damage the brain or heart, cause people to make poor decisions, and be *addictive* (hard to stop taking). And even legal drugs can hurt him if taken incorrectly or not prescribed for him.

Finally, encourage your youngster to tell you in the future what he’s hearing about drugs. And keep the conversation going by bringing up the subject from time to time.♥



ACTIVITY CORNER

Getting to know you

December is when many families get together with far-flung relatives. Encourage cooperation and learn more about each other with these two activities.

Silent lineup

Family members must work together in this cooperative game. Have your child get one index card per person and number them (say, 1–8 for 8 people). Turn the cards upside down, mix them up, and give one to each player. Tape the card you’re dealt to another person’s back. Then, players try to get in numerical order without speaking. Or write letters on the cards and work together to get into alphabetical order or to spell a word.

Name the criteria

Here’s a fun way to see what family members have in common. Let one person name a category, such as “is a morning person” or “likes ketchup on eggs.” Then, lay a jump rope on the floor. Everyone who meets the criterion sits on one side of the line, and those who don’t sit on the other. Have another player pick a new category, and rearrange yourselves.♥



Become more independent

As your child gets older, she’ll be expected to do more for herself. Help her prepare with these strategies.

● **Assume she can.** There’s a better chance that your youngster will be able to accomplish a task on her own if she sees that you expect her to.

Example: “I’ll rinse the plates while you load the dishwasher.” Then, focus on rinsing, and leave her to figure out her own way of loading the dishes.



● **Ask, “What do you think?”**

Including your child in family decisions prepares her for independent decision making. You might seek her opinion on what to make for dinner or where to hang a picture, for instance.

● **Let her start.** If she asks you to put her hair in a bun, encourage her to try the first steps by herself. Tell her you’re there to help finish the job if she gets stuck.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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www.rfeonline.com
ISSN 1540-5621

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