## October 2023

"This institution is an equal opportunity provider."

\*\*\*Menu is subject to change

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B-Toast or Cereal, Fruit and Milk L-Macaroni Cheese, Salad, Fruit, Vegetable, and Milk	3 B- Pancake, Fruit and Milk L-Chicken Salad Sandwich, Salad, Fruit, Vegetable, and Milk	4 B- Cereals , Fruit and Milk L-Ribs w/Garlic Bread, Salad, Fruit, Vegetable, and Milk	5 B-Pancakes or Cereal, Fruit and Milk L-Beef Veggie Pasta w/Garlic Bread, Salad, Fruit, Vegetable, and Milk	6 B-Cereals, Fruit, and Milk L- Pulled Pork Nachos, Salad, Fruit, Vegetable, and Milk
9 B-Mini Bagels or Cereal, Fruit and Milk L-Grilled Cheese Sandwiches , Salad, Fruit, Vegetable, and Milk		11 LATE START B-Cereals, Fruit and Milk L-Chic' Penne w/Garlic Bread , Salad, Fruit, Vegetable, and Milk	12 B-Pancakes or Cereal, Fruit and Milk L-Fiesta Rice & Beans Bowl, Salad, Fruit, Vegetable, and Milk	13 B-Cereals, Fruit, and Milk L- Nacho Chili and Chesse, Salad, Fruit, Vegetable, and Milk
16 B-Mini Bagels or Cereal, Fruit and Milk L-Macaroni and Chesse, Salad, Fruit, Vegetable, and Milk		18 B- Cereals, Fruit and Milk L-Rib Patty Sandwiches, Salad, Fruit, Vegetable, and Milk	19 B-Pancakes or Cereal, Fruit and Milk L-Beef Veggie Pasta w/Garlic Bread, Salad, Fruit, Vegetable, and Milk	20 B-Cereals, Fruit, and Milk L- Chicken Stir Fry, Salad, Fruit, Vegetable, and Milk
23 B-Mini Bagels or Cereal, Fruit and Milk L-Beef and Spanish Rice, Salad, Fruit, Vegetable, and Milk	24 B-Toast or Cereal, Fruit and Milk L-Chef Salad, Salad, Fruit, Vegetable, and Milk	25 HALF DAY B-Cereals, Fruit and Milk L-Meat/Chesse Sandwiches, Salad, Fruit, Vegetable, and Milk	26 HALF DAY B-Pancakes or Cereal, Fruit and Milk L-Pinto Beans and Cornbread, Salad, Fruit, Vegetable, and Milk	28 HALF DAY B-Cereals, Fruit, and Milk L- BBQ Pulled Pork Sandwiches, Salad, Fruit, Vegetable, and Milk
50 B-Mini Bagels or Cereal, Fruit and Milk L-Grilled Chesse Sandwiches.	31 Halloween B-Toast or Cereal, Fruit and Milk L-Chicken and Chesse Quesadillas, Salad, Fruit, Vegetable, and Milk			